

# **Shane Gadd's Online Tutorial**

## **A Runic Journey - An Insight into the Runes**

### **MODULE THREE - LESSONS ONE AND TWO**

#### **Rune Magic and Candle Magic**

#### **Protective Rune Magic and Door Cleanse Ritual**

##### **Overview**

In these sections we will cover:-

- How to weave magic into your Rune readings and rituals.
- The ancient energy and wisdom of the Runes.
- Using candle magic as a powerful tool.
- Applying candle magic to your Rune readings and rituals.
- Using the Runes and harnessing magic to work with their energy.
- Protective ritual and door cleansing ceremony.

##### **Summary of Key Learning Points**

- How to develop and create your own personal ritual when using the runes and integrating magic into this practice.
- How to activate candle magic and apply this to work with your Runes.
- A deeper appreciation of the days of the week and choosing which day to draw your Runes to increase the benefits to you and your connection to them.
- Moon cycles and how they can amplify your connection to reading your runes together with how these cycles can be used in magical practices.
- The basic ingredients required to create a door cleanse ritual and the benefits of undertaking this.

## **Candle magic steps**

1. Obtain a solid pillar candle (white or ivory colour if possible).
2. Draw your Rune using your own personally developed ritual covered in earlier tutorials.
3. Using a feather, your fingernail or something similar to inscribe your chosen Rune onto the side of your candle.
4. If you feel guided to inscribe this several times around the candle, on the base or on the top around the wick of candle then do so.
5. Seal your inscribed Rune with an oil of your choice (lavender oil, chilli oil, chamomile or rose petals).
6. Once you've rubbed your chosen oil over your inscription take 9 deep cleansing breaths and visual the Rune on the candle illuminated and glowing.
7. Take a moment to connect with the flow of energy between you, your Rune and your candle.
8. Powerful moon cycles to undertake this ritual are during a full moon or new moon.

New moons serve to energise new projects and intentions whereas full moon cycles are beneficial for releasing old patterns and projects.

9. When you feel ready, light your candle using the words:-  
'Magic send, candle burn, let it shine, let it align, magic send, candle burn'.  
Take a few moments to sit with your candle whilst it begins to burn.

When you're ready, blow your candle out (never leaving it unattended).

**10.** You may choose to repeat this ritual on each new/full moon cycle -or you may prefer to burn your candle for a short while everyday after your initial ritual until its done.

### **Action Required from YOU**

- Take a photo of your chosen Rune, your candle and describe how you applied magic to your ritual.
- Did you choose a specific day -if so, why?
- Did you opt for a full or new moon cycle? if so why?
- Tell me how it worked for you and describe the events in the days thereafter.
- Did you integrate something new to personalise your ritual?
- How do you feel working with the Runes now?

## Door Cleansing Ritual Steps

Choose a specific time to undertake this ritual. Times like New Years Day or Samhain are ideal dates.

### Ingredients required

### Rationale

1 whole chopped onion

cleansing properties & strength boosting

1 bulb garlic (bashed)  
negativity

cleansing properties and repels

1 cup of sea salt

cleansing properties

Dried chamomile  
effects

gentle softening energy & calming

Rose petals (handfull)

protection and soothing loving energy

Tea tree oil  
properties

cleansing and anti inflammatory

Lavender oil 9 drops

Calming energy and alleviates anxiety

Place all ingredients into a cauldron, bucket or bowl.

Pour boiling water into vessel covering contents by approximate 9cm.

Stir clockwise 9 times.

Allow to cool for 9 minutes.

Take a cloth, dip into vessel and clean the inside of your door first. Then proceed to clean the outside of your door.

Using your lavender oil or tea tree oil lightly trace the shape of the Algiz Rune Symbol onto the outside of your door asking to harness the protective power of Algiz.

Once done, touch the outlined rune symbol lightly 3 times stating 'thank you Algiz' with each touch.

To close and finish the ritual state 'It is done'

Other words to recite when undertaking this ritual are 'Blow our old, blow in new, blow out false, blow in true.

Its important to have the front door open and the back door or window open when reciting these words.

You may wish to use a white sage smudge stick to outline the symbol of Algiz onto your door. This is a powerful tool and is also has cleansing benefits.

Using white sage smudge sticks to cleanse the inside of your house is also useful. Try to work through each room in a clockwise direction paying special attention to corners of each room where negative energy can sit.

## **ACTION REQUIRED FROM YOU**

Tell me what you think of these rituals?

Have you done a door cleansing before?

What ingredients do you think are important when undertaking cleansing rituals?

If you undertake a cleansing ritual (door cleansing or boundary cleansing) how did it work for you?

Chart your progress to see how effective it was.